

# TRAUMA & ADDICTION

## A Body-Oriented Approach to the Treatment of Addiction presented by Andre Jacomet



### PROFILE

Andre Jacomet is a well respected SE practitioner from Zurich.

For several years he has been assisting on all the SE post graduate courses presented by Dr. Peter A. Levine and on SE Professional trainings in both Switzerland and Germany.

Andre has previously worked with addicts in long-term therapy programs after he successfully overcame his own experience of addiction in 2000. He has spent many years co-designing interventions within this field.

Prior to 2009 he was also active in adult education and trained thousands of people in awareness programs throughout Europe and the Persian Gulf.

### WHO WILL BENEFIT?

The workshop is designed for professionals interested in finding valuable new insights and perspectives when working with addiction. It is appropriate for mental and physical health professionals, social workers, body-workers, teachers, medical personnel, clergy and other allied professions in the health and healing field.

### LOCATIONS & DATES

**SYDNEY:**  
November 10-12th, 2013  
Venue: Glebe, NSW

**MELBOURNE:**  
November 24-26th, 2013  
Venue: Middle Park, VIC

### COST inc GST

**WORKSHOP ONLY**  
Earlybird: \$595 (by 15th September)  
Standard: \$655

**DISCOUNT PACKAGE WITH SE INTRODUCTION DAY**  
Earlybird: \$725 (by 15th September)  
Standard: \$810

**\$50 DISCOUNT**  
when booking Workshop  
and SE Introduction Day

Also... don't miss the  
**Introduction  
to Somatic  
Experiencing**  
seminar the day before  
this workshop.  
See our website for  
further details

Until recently, the effects that shock and trauma have on the autonomic nervous system and neurophysiology have often been overlooked when dealing with addiction. Andre Jacomet references the Polyvagal Theory of Stephen W. Porges, the Triune Brain model of Paul D. MacLean and the Somatic Experiencing trauma healing modality of Dr. Peter A. Levine to give an enhanced explanation of addiction and the reason why specific drugs are chosen. He shows how to translate these complex theories into a practical map for a new orientation in the monitoring and treatment of people suffering with addiction and dependence.

### WORKSHOP FEATURES:

- Learn how addictive behaviour can be viewed and understood from the perspective of the autonomic nervous system and differences in brain function.
- Classify substance choice and associated behavioural effects in relation to how the addicted person attempts to regulate their nervous system.
- Bring awareness to aspects that may arise when working therapeutically including boundaries, bonding and the search for authentic relationships, the recovery of dignity and restoration of a sense of self and how these 'signaling' topics can be directly aligned to setting therapeutic goals.
- Examine the classical syndromes often associated with addiction, such as borderline or compulsive disorders and how they can be reconsidered within the neurophysiological perspective.
- Review other substance free addictions such as pathological gambling and compulsive shopping.
- Explore the often powerful rituals associated with addictive behaviors and how to develop effective alternatives.
- Suggestions for new forms of monitoring and treatment.
- Using video, music, movement and triadic experiential exercise, participants will be invited to feel into the various areas of addiction to develop an understanding of an addict's experience from a felt sense inside perspective.

Andre aims to enrich the participant's expertise in dealing with addiction and also open up new areas of exploration for the therapeutic, educational, psychological and medical professions. He presents in a relaxed, interactive and engaged way, eloquently managing to shine a new light onto this complex subject.



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To register for the workshop or for more information please visit our website or contact [info@seaustralia.com.au](mailto:info@seaustralia.com.au) tel: 03 9010 5011